



THE DAY SPA & SALON

*Services*

# LEVEL + PRICING SYSTEM

Head to Toe Day Spa and Salon operates on a level system where our employees receive promotions based on meeting customer service objectives and the demand of their time. All of services providers are very talented and promise to deliver an outstanding guest experience each time you come in. Their pay and benefits improve at every level, which is why pricing starts at a base price and may increase based on our level system.

## HAIR SALON

### Shampoo, Cut & Finish

|                                      |           |                          |           |
|--------------------------------------|-----------|--------------------------|-----------|
| Women's Haircut/Style                | From \$54 | Beard Trim               | \$10      |
| Signature Haircut<br>[w/conditioner] | From \$64 | Bang Trim                | \$10      |
| Men's Haircut [up to 30 min]         | From \$35 | Shampoo Blowout [30 min] | From \$37 |
| Child's Haircut <12                  | From \$27 | Luxury Blowout [45 min]  | From \$45 |

### Specialty Designs

|                  |           |
|------------------|-----------|
| Specialty Updo's | From \$85 |
| Braiding         | From \$32 |

### Extensions

|                   |           |
|-------------------|-----------|
| Removal (per hr)  | From \$55 |
| Tinsel/Fairy Hair | \$5       |
| Pink Hair         | \$10      |

### Color

|                        |            |                           |                    |
|------------------------|------------|---------------------------|--------------------|
| Color Gloss/Base Break | \$45       | Cap Highlights            | From \$100         |
| Color                  | From \$69  | Corrective Color (per hr) | From \$69          |
| Full Highlights        | From \$100 | Men's Partial Color       | \$45               |
| Partial Highlights     | From \$85  | Overlays/Add on color     | \$22               |
| Special Effects Foil   | From \$50  | Balayage Foil             | Partial From \$105 |
| <6 Foils (per foil)    | From \$8   |                           | Full From \$120    |
| Ea. Add Color (per oz) | \$17       |                           |                    |

### Texture

|                    |           |                                    |                                 |
|--------------------|-----------|------------------------------------|---------------------------------|
| Full Perm          | From \$87 | Straightening                      | From \$87                       |
| Partial Perm       | From \$77 | Design Waves (per 1 hr)            | From \$67                       |
| <10 Rods (per rod) | From \$8  | Brazilian Blowout<br>[up to 2 hrs] | *From \$300                     |
|                    |           | Keratin<br>[up to 2 hrs]           | *From \$300<br>*w/ consultation |

### Hair Treatments [Add to any hair service.]

|   |      |                     |      |
|---|------|---------------------|------|
| Conditioning Treatment  | \$10 | Olaplex add on      | \$15 |
| Pre Art Treatment   | \$10 | Olaplex Stand Alone | \$55 |
| Clarifies hair and removes<br>product build-up, environmental<br>build-up (salt, rust, chlorine, and<br>medicine deposits in hair). |      | Acidic Bonder       | \$12 |

**\*\*Deva Curl Certified stylist and products available. Call for pricing.**

## NAILS

### Manicures

Deluxe Spa Manicure From \$40

Classic manicure w/ added exfoliation & professional spa treatment that helps brighten, tighten and hydrate arms & hands

Spa Manicure From \$30

Cuticle care, gentle massage, polish

Shellac Manicure From \$42

Hybrid polish that combines gel w/ polish.

Cured under UV light & dries instantly.

Lasts 2-3 weeks.

Dip Manicure From \$45

Express Shellac Manicure From \$36

Express Manicure From \$25

File, buff & polish

Add to any manicure:

Exfoliating Scrub | \$7

### Pedicures

Deluxe Pedicure From \$68

Classic pedicure w/ added exfoliation & professional spa treatment that helps brighten, tighten and hydrate legs & feet

Spa Pedicure From \$53

In hydrotherapy massaging whirlpool chair

w/ moisturizer & hot mitts

Shellac Pedicure From \$68

Shellac Soak Off | \$15

Express Shellac Pedicure From \$44

Express Pedicure From \$34

File, buff & polish

Extended Massage Each 15m \$15

## NAIL ENHANCEMENTS

Full set of "Overlay" Acrylics From \$68

Full set of "Pink & White" Acrylics From \$78

Acrylic Backfill From \$56

Acrylic Fill In From \$46

Soak off with Manicure From \$46

Full Set Gels From \$73

Full Set Pink & White Gels From \$83

Gel Backfill From \$61

Gel Fill In From \$51

Repair \$5

## SUNLESS AIRBRUSH TAN

### Buff & Bronze | Auto \$74 - Manual \$78

Treatment includes a body polish to exfoliate the skin, a refreshing shower, and a sunless airbrush tan. You walk out with a radiant, sun-kissed look without the harmful rays of the sun.

### Spray Tan | Auto \$38 - Manual \$44

Manual airbrush applied by one of our qualified technicians.

### PH Spray/Moisturizer | \$10

### Auto Tanning | Buy 5, Get 7 for \$190 (\$27/each)

## WAXING

|                             |           |                       |           |
|-----------------------------|-----------|-----------------------|-----------|
| Brows w/ other service      | \$18      | Half Legs w/Bikini    | From \$79 |
| Brows                       | \$22      | Full Legs (no Bikini) | From \$74 |
| Lip   Chin                  | Each \$16 | Full Legs w/Bikini    | From \$99 |
| Nose Wax   Ear Wax          | Each \$15 | Bikini                | From \$44 |
| Full Face                   | From \$48 | Brazilian             | From \$66 |
| Underarms                   | From \$29 | Brazilian Maintenance | From \$59 |
| Half Arm                    | From \$39 | Men's Brazilian       | \$90      |
| Full Arm                    | From \$49 | Men's Back            | From \$55 |
| Half Legs (knee down)       | From \$49 | Men's Chest           | From \$55 |
| Half Legs Upper (no bikini) | From \$49 | Men's Stomach         | From \$44 |

## MAKEUP

|                             |      |
|-----------------------------|------|
| Brow Tint                   | \$20 |
| Makeup Application [30m]    | \$45 |
| Makeup Application [45-60m] | \$70 |
| Bridal Makeup               | \$65 |
| Lesson                      | \$70 |
| Brow Lamination             | \$75 |

It's like a "perm" for your brows giving you the illusion of fuller, more defined eyebrows by taming the unruly hair.

## LASHES

|  |           |
|--|-----------|
| Lash Tint  | \$27      |
| Lash Lift  | \$75      |
| It's like a "perm" for your eyelashes, giving your lashes a curl for 6 to 8 weeks. |           |
| Strip Lash Application   | \$20      |
| Strip Lashes Available for Purchase  |           |
| Classic Lash Set   | \$200     |
| Classic Fill [45 min/1 hr]   | \$65/\$75 |
| Hybrid Lash Set  | \$250     |
| Hybrid Fill [45 min/1 hr]  | \$75/\$85 |
| Volume Lash Set  | \$300     |
| Volume Fill [45 min/1 hr]  | \$85/\$95 |
| Lash Rescue [30 min]   | \$60      |
| Removal (per minute)   | \$1       |

## SPECIALTY MESSAGES

### Swedish

|                  |            |
|------------------|------------|
| Half Session     | From \$57  |
| Full Session     | From \$81  |
| Session & a half | From \$114 |

### Deep Tissue

|                  |            |
|------------------|------------|
| Half Session     | From \$72  |
| Full Session     | From \$96  |
| Session & a half | From \$129 |

### Prenatal

|              |           |
|--------------|-----------|
| Full Session | From \$96 |
|--------------|-----------|

### Reflexology

|           |
|-----------|
| From \$57 |
|-----------|

### Cupping

|                  |       |
|------------------|-------|
| Half Session     | \$57  |
| Full Session     | \$102 |
| Session & a half | \$127 |

### Hot Stone Massage

|                  |            |
|------------------|------------|
| Full Session     | From \$129 |
| Session & a half | From \$169 |

### Additional Services to Any Massage

|                                |
|--------------------------------|
| Aromatherapy Experience   \$10 |
| Hot Stone Zone   \$15          |
| Deep Tissue Zone   \$12        |
| Sea Salt Glow   \$60           |
| Body/Mud Wrap   \$90           |
| Exfoliating Back Scrub   \$20  |
| Dry Brush Treatment   \$15     |
| Infrared Sauna   \$45          |

## BODY TREATMENTS

### Microcurrent Body Treatment | From \$80

Cellulite reduction, lymphatic drainage, detoxification, inflammation reduction. Toning with light therapy and acupuncture point concentration. Acutron body treatments for toning and cellulite.

### Black Baltic Body Mud | \$90

Promote detoxification, extract pore-clogging impurities to improve skin texture with this black creme mud. Organic salts are collected from deep underneath 30,000-year-old fresh water lakes in Eastern Europe.

### European Rose Body Mud | \$90

This deeply hydrating creme-based mud contains natural sun-dried rose clay extracted from the Provence region of France. Alpha-Hydroxy Lactic Acid, Wheat Amino Acids, Beta Glucan and Rose centifolia are infused into the mud to accelerate cell renewal and moisturization.

### Sea Salt Glow | \$81 [45 min]

An invigorating body treatment using a combination of sea salt and hydrating oil. The sea salt sloughs away dead skin while the oil leaves your skin feeling incredibly soft.

### Infrared Sauna | From \$45 [45 min] or \$149 Monthly Membership

Relax and remove the effects of toxins through a deep sweat.

## FACIALS & PEELS

### **Deluxe Facial** | From \$90

Deep cleansing, extractions, customized mask w/ neck & shoulder massage.

### **Treatment Facial** | From \$77

### **Gentlemen's Facial** | From \$90

### **Back Facial** | From \$100

Deep cleansing, extractions, customized mask & massage.

### **Microcurrent Facial** | From \$80 [30 min], From \$180 [60 min]

"The non-surgical facelift" rehydrates & regenerates collagen & elastin beneath skin surface. Tones and lifts facial muscles. (Series recommended)

### **Carboxy Facial/LED Treatment** | \$130

A carbon dioxide treatment that improves the elasticity of skin, hydrates, reduces wrinkles and prevents skin aging.

### **BB Glow** | \$300

A cosmetic microneedling of serums and pigments to achieve glowing, radiant and seemingly poreless skin.

### **HydroFacial**

Platinum [LED] | \$300

Deluxe [Serum] | \$225

Deluxe [Growth Factor] | \$275

Clarify | \$200

### **PCA Peel** | From \$105

Removes surface build-up, hydrates the skin, & gives it a plumper appearance. Great for acne, acne scarring & sun damage.

### **Keravive** | From \$500

### **Facial Enhancements**

Lip Treatment | \$15

Foot Treatment | \$15

Eye Treatment | \$25

Cold Thermage | \$25

Oxygen Therapy | \$25

Ultrasonic Therapy | \$25

LED Light Therapy | \$25

Glycolic Peel 60/70 | \$40/\$45

Salicylic Peel | \$25

Enzyme Peel | \$25

Rezenerate | \$25

Radio Frequency | \$25

Growth Factor Mask w/Ultrasonic Penetration | \$30

Brightening Sheet Mask

w/Ultrasonic Penetration | \$30

Microdermabrasion | \$40

Algae Peel-Off Mask | \$40

Hand Renewal | \$45

MicroCurrent Add On | \$50

Carboxy Add On | \$75

Firming Treatment | \$75

Includes take-home product

Rozatrol Treatment | \$75

Includes take-home product

## SPECIALTY TREATMENT PROTOCOL

### **Stimulator Peel Treatment** | \$60

### **Ultra Hydration Treatment** | \$80

### **Skin Brightening Treatment** | \$80

### **Acne + Oil Treatment** | \$80

### **Anti-Aging Treatment** | \$100

### **Redness & Rosacea Treatment** | \$100

### **Resurfacing Treatment** | \$85

\*Our estheticians are available to perform some medical services under the direction of the medical facility.

# HYDROTHERAPY

*50 minute sessions allow for the use of both bath and shower services;  
30 minute sessions allow for only one or other.*

**Bath | \$75 [30 min], \$125 [50 min]**

Our bath allows for all of the experiences below.

## **Hydrotherapy Massage**

Powerful air jets, located at the base of the tub, deliver a therapeutic acupuncture-based massage triggering a chain of physiological reactions from head to toe, reducing tension, relaxing muscles, combatting stress & eliminating toxins.

## **Chromatherapy**

A scientifically proven technique, chromatherapy has a direct effect on one's physical and psychological condition. Color through its vibrations can calm, energize or focus your thoughts.

## **Aromatherapy**

Using essential oils extracted from flowers, bark or leaves to enhance physical & psychological well-being. Aromatherapy is an integral part of the VEDANA® Care Unit, & a beneficial option with all baths. Distilled & diffused essential oils enter the bather's respiratory system, reaching the circulatory & lymphatic systems, where they interact with cells to promote healing. Can reduce stress levels & anxiety, and bolster your immune system.

## **Thermotherapy**

The therapeutic use of heat; helps relax the body & promote healing. BainUltra's WarmTouchShell® technology features 3 heating zones built into the bath's inner shell. These heating zones transmit & circulate continuous heat to the headrest, backrest & seat. They touch & warm the body's most sensitive areas to provide a feeling of relaxation.

# HYDROTHERAPY

*50 minute sessions allow for the use of both bath and shower services;  
30 minute sessions allow for only one or other.*

## **Healing w/ Water Shower Experience | \$75 [30 min], \$125 [50 min]**

Our shower allows for all of the experiences below.

### **Kneipp Handheld Shower Affusion**

“Water cures” using hot, cold, & contrasting hot & cold applications through affusions, baths, foot baths, & washing. Regularly applied, these treatments can help to bring balance to everyday life: recharging, reducing stress & reviving. The contrasting hot & cold water through affusions, also known as Kneipping, is unique to Kneipp therapy & effective at stimulating blood flow, increasing metabolism, & boosting the immune system.

### **Facial Affusions**

A refreshing treatment using Dornbracht’s AFFUSION PIPE. This treatment works to stimulate circulation & firms the skin. The cold facial affusion is ideal as a quick fix if tired, having a tension headache, or if developing a migraine. It also has a calming effect.

### **Arm Affusions**

Provides an invigorating start to the day or boosts energy. When performed with the Dornbracht AFFUSION PIPE, blood circulation is activated & promotes concentration. Applied regularly, they can also boost the immune system & benefit those who suffer from low blood pressure.

### **Leg Affusions**

Beneficial for relaxation after a demanding day. Firms skin, lowers blood pressure, & encourages deep, restful sleep. With regular applications, which can be easily integrated in a daily shower routine using the Dornbracht WATER TUBE, the cold leg affusion can boost the body’s natural defenses & immune system. It also speeds up metabolism & prevents vein problems, such as spider & varicose veins.

### **Swiss Shower**

5 massaging shower heads delivering an invigorating force of water to soothe the muscles and initiate circulation.

### **Rain Shower and Pour**

Delivers a silent voluminous stream of water from an overhead shower over the body without loss of heat and without splash.

## SERIES

### BUY 3, GET ONE 1/2 OFF | 12.5% SAVINGS

|  | REGULAR   | PRICE   | PKG TOTAL |
|--|-----------|---------|-----------|
| Deluxe Facials                             | From \$80 | \$70.00 | \$280.00  |
| Full Session Massage                       | From \$76 | \$66.50 | \$266.00  |
| Manicure/Pedicure Combo                    | From \$79 | \$69.12 | \$276.50  |
| Pedicures                                  | From \$50 | \$43.75 | \$175.00  |
| Shampoo Blow Out<br>( Buy 5 Get One free ) | From \$35 | \$29.16 | \$175.00  |

**Sauna** | Single Session \$45 or Monthly Unlimited \$149

## GIFT PACKAGES

### A Full Day at the Spa | \$396

Includes full session massage, deluxe facial, spa manicure, spa pedicure, and full session hydrotherapy experience.

### A Half Day at the Spa | \$255

Includes deluxe facial, deluxe manicure, deluxe pedicure, and infrared sauna.

## BRIDAL & SPECIALTY PARTIES

Let our Spa Coordinator help you organize your special day!  
We have a large facility so we can accommodate large parties.  
A credit card and contract is required to reserve your party.

## SIP LIQUID BAR

Looking for a bite to eat while at the salon? The Sip Liquid Bar provides customers with a variety of coffees, smoothies, beers and wine, in addition to collagen shots. Grab-and-go salads, pastas and wraps are also available.

# DAY SPA POLICIES

## Spa Information

If you are a first time guest please arrive 15 minutes prior to your appointment to complete any necessary paperwork.

Gift Certificates available for any occasion at: [headtotoedayspa.com](http://headtotoedayspa.com)

## Guest Cancellation

We request the courtesy of a 24 hour cancellation notice. Appropriate actions will be taken for late cancellation and no shows. Party cancellations follow a different protocol for cancellations and will be discussed when booked.

## Late Arrivals

Late arrivals may not receive an extension of scheduled service times and will be responsible for full service fees.

## Return Policy

Retail products must be returned within 30 days with a receipt. A store credit for the amount of the returned item will be given. Gift Certificates are not returnable. Makeup is non-refundable.

## Gratuity

Tipping is at your discretion. Gratuities are not expected however they are appreciated. Ways to leave gratuity include cash, Venmo, or we offer cash back on debit.

## Spa Attire

Complimentary use of robe, slippers and lockers are provided for all Spa guests that book massage and/or facial treatments with Day Spa. Please arrive early to your appointment to enjoy our tranquil relaxation area with a soothing water feature and access to order from our very own SIP Liquid bar featuring collagen-induced smoothies, specialty coffees, a glass of wine, or light pre-packaged lunch from the Veggie Wagon.

## Considerations

To preserve our peaceful and tranquil mode, we ask that you turn off your cell phones. We are a smoke-free environment on and off the premises.

## Spa Hours

Monday 9am – 6pm

Tuesday – Friday 9am – 9pm

Saturday 9am – 7pm

Sunday 11am – 6pm

## Located in Bradley Creek Station

5815 Oleander Dr. Suite 110  
Wilmington, NC 28403

**910.256.3370 | [headtotoedayspa.com](http://headtotoedayspa.com)**